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# Through A Season Of Grief: Devotions For Your Journey From Mourning To Joy



## Synopsis

If you've lost a spouse, child, family member, or friend, you've discovered that few people understand the deep hurt you feel. Where do you turn for daily comfort and help? Where do you find the tools to move forward? Through a Season of Grief is the first 365-day devotional designed to support and uplift you in the first, most difficult year of bereavement. These devotions offer biblical comfort and practical teaching that will enable you to take steps forward each day toward healing. You will better understand the grieving process and will receive needed encouragement along the way. More than thirty respected Christian professionals— including Kay Arthur, Jack Hayford, Elisabeth Elliot, Norman Wright, Barbara Johnson, and Luis Palau— share their insights on how to walk through the devastation of grief toward wholeness and hope. You will also hear from people like you who have lost a loved one and have found God's healing presence in the midst of despair. This unique devotional is based on GriefShare®, a national grief recovery support group program that has helped more than 100,000 families.

## Book Information

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## Customer Reviews

I lost my husband 63 weeks ago. Dr. James Dobson sent me my first copy of this book and since then I've purchased at least 50 copies and given them as gifts. I've even gotten our funeral home to start stocking these books to give out to people instead of the AfterCare package they gave to me. It is one of the best books I've found when living with grief as a constant companion. No book will ease the pain but this book gives me something to hold onto until I can be with my husband again. I've read it three times and will read from it everyday for the rest of my life.

Reading this book did so much to help save my life, emotionally, after my mom died. I couldn't face my "normal" devotion time in the morning because nothing was normal and I couldn't pretend that it was. Instead, I used this book during my morning quiet time for almost a year. What a blessing it was. I gave one to my dad as well, and he has read and reread it, often commenting about how wonderful a book it is. Thank you to the authors for providing something so needed for those who are freshly grieving. I love you Mom!

This book has given me great comfort. It has helped me affirm my beliefs in God's plans for me. And it's let me know there are many others who are going through the same feelings as me. It has supported me in my grief.

My mother read this book after losing Dad. She said it was so helpful to her that she wanted to order a copy for each of her daughters. This is how I came to order 3 copies from . I have not read the book myself yet, but Mom loves it, and made the order easy.

This is a wonderful tool to work through the journey of grief on the way back to joy. The devotions are inline with the GriefShare support group sessions and video sessions. Each day a person is without a loved one is full of pain and loneliness and this book gives help to work through those days. I wished I had it after my first husband had passed away.

When I lost my husband several years ago, my sister gave me a copy of this book. Since then, I have read many books on grief. Written from a Christian perspective, it covers many aspects of loss, things I would have never thought about. It also covers all kinds of loss. Since receiving it, I have given a copy to a number of people who have lost loved ones. I have heard that it has been helpful to them as well. I would strongly recommend it.

I am not alone. This book was given to me by friends about three months after my gentle husband of nearly 53 years quietly went home to be with Jesus forever and to enjoy a new, pain-free body. It's written as a daily devotional, but I found it so helpful I read it in about a week's time. I would reread it, but the 96-year-old father of some friends just joined the heavenly ranks; they need the messages of comfort more than I do right now. I am passing the book on to them. The book offers common sense advice and comfort as it relates how others have learned to live day by day

without precious loved ones who are no longer bodily present. Many of the prayers at the bottom of each page seemed to be written especially for me. I recommend this publication as a gift for all who are dealing with loss through the death of someone important to them. Church libraries will do their congregations a favor if they make copies available for their constituents. —Hope Irvin Marston, author of **AGAINST THE TIDE: THE VALOR OF MARGARET WILSON**.

I lost a son last November 19th 2005. He was killed by a semi-truck. I was depressed all the time. I won't say I'm better but I understand more. He would have been 19 on May 16th 2006. He joined The Army National Guard on the delay program. He just finished Basic Training. He was my 1st born. It was the hardest thing for me to go through. But my dad's friend from church gave me this book to help me understand also to help me grieve. I will say this **YOU WILL Grieve TILL YOU GO TO HEAVEN** > Then you will Grieve NO MORE!!! I recommend this to anyone who's lost a LOVED ONE!! A GREAT BOOK STILL READING IT OVER AND OVER!!

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